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To whom it may concern:

This is to reiterate that Fremont County Department of Human Services will be utilizing the Motivational Interviewing Interactive Series with latency age children and adolescents in Nurturing/Support Groups and the Chafee Program that addresses youth on the verge of emancipation. The Nurturing/Support Groups are essentially for youth who have been in long term foster care that need to learn how to make responsible decisions and develop healthy relationships. Many of these children have attachment problems and do not know how to form meaningful relationships. Fremont County DHS submits a CORE Services Plan each year to the State that identifies a menu of services provided to families, with the goal of family preservation. We strive to have evidenced based programs or promising programs to keep children that may be at-risk for entry into foster care in their own home or to expedite reunification of families if a child or adolescent has come into care. The Nurturing/Support Groups is one of these CORE Services. The plan is to utilize the Motivational Interviewing CD-ROMs in the group setting to prompt discussion, problem solving, and hopefully to generalize the learning to real life situations.

The CD ROMs will also be utilized in individual and group sessions with the Chafee youth that have a goal of emancipation, especially if the Independent Living Skills assessment indicates a deficit in a certain area or a potential problem, such as poor nutrition or a lack of job search skills.

It is my anticipation that the Motivational Interviewing material will help the older child or youth address difficult areas in their lives by observing scenarios acted out by other youth, instead of being guided or informed by an adult caregiver or provider what choices should be considered.



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Family & Adult Services Administrator